



# A happier, healthier life starts here.

New York City has partnered with your Union to help you reach your wellness goals—to lose weight, eat healthier, move more, shift your mindset, or all of the above—by offering discounted pricing on the WW offering listed below. Join WW, and you’ll get access to lots of exciting features, including exclusive mindset content through Headspace®, and incredible products and experiences through our rewards program, **WellnessWins™**.

## There has never been a better time to join WW!

Digital*		Digital + Workshops (formerly meetings)**	
Easily follow the plan step-by-step entirely online with digital and mobile tools.		Enjoy convenient Wellness Workshops in the workplace (where available) and unlimited Workshops in your local community.	
Food and activity trackers, recipe building tools, restaurant guides and <b>much more</b> .		<b>Receive guidance and motivation</b> from a Wellness Coach who has been in your shoes and has lost weight on WW.	
Connect with our online community, day or night, for <b>inspiration and motivation</b> .		Gain access to <b>tools and strategies</b> from people facing the same challenges, and <b>encouragement</b> to keep going.	
24/7 Expert Chat when you need support to stay on track.		Includes <b>full access</b> to Digital, our full suite of digital tools to help you stay on track between Workshops.	
<b>Employee Cost:***</b>	<b>\$7.00/mo.</b>	<b>Employee Cost:***</b>	<b>\$15.00/mo.</b>
<b>Spouse/Dependent/Retiree Cost:</b>	<b>\$14.00/mo.</b>	<b>Spouse/Dependent/Retiree Cost:</b>	<b>\$30.00/mo.</b>

Plans automatically renew monthly. See below for details.

To purchase either of these WW offerings or for more information, visit [nyc.join.weightwatchers.com](http://nyc.join.weightwatchers.com), and enter the information listed below:

**Employer ID: 11612222**

If you experience any problems with this site, please call the WW Wellness Hotline at **866-797-2836**. **Retiring soon?** Be sure to call 866-797-2836 upon retirement to receive the discounted pricing for retirees.

**\*\*\* NYC and its unions cover 50% of the cost for benefits-eligible employees. The dollar value of this subsidy will be included as taxable income to the employee.**

\***Digital:** Employees: Pay \$7.00 today for your first month. Plan auto-renews monthly thereafter at \$7.00 until you cancel. Spouses, dependents and retirees: pay \$14.00 today for your first month. Plan auto-renews monthly thereafter at \$14.00 until you cancel.

\*\***Digital + Workshops:** Employees: Pay \$15.00 today for your first month. Plan auto-renews monthly thereafter at \$15.00 until you cancel. Spouses, dependents and retirees: Pay \$30.00 today for your first month. Plan auto-renews monthly thereafter at \$30.00 until you cancel.

Sold in participating areas only; may not be accepted for Workshops in the workplace and/or in the community in all areas. Minimum enrollment and participation required to start and maintain a Workshop in the workplace.

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