



From the Office of Human Resources

November 10, 2022

Plan for Your 2023 Health Benefits Now: Open Enrollment/Transfer Period and Flexible Spending Accounts

Dear Faculty and Staff,

Now is the time to review your healthcare needs for the coming year. The 2022 Open Enrollment/Transfer Period runs through **Wednesday, Nov. 30** and Flexible Spending Account (FSA) Open Enrollment runs through **Friday, Nov. 18**.

Open Enrollment/Transfer Period

Open Enrollment is the one period during the year when you have the opportunity to change your current benefit elections without a qualifying life event.

The resources below will help you select the best plan for you. The 2022 Open Enrollment/Transfer Period runs through **Wednesday, Nov. 30**. *Please note:* Any changes you make become effective in January 2023.

Health Plan Summaries, Rate Chart, and Application Forms

- [NYC Health Plan Summaries](#)
- [Health Benefits Transfer Period Flyer](#)
- [Health Benefits Program Application/Change Form](#)
- [Dependent Eligibility Documentation](#)
- [Current Health Plan Rate Sheet](#)
- CUNY University Benefits Office [open enrollment webpage](#) and the [NYC Office of Labor Relations Health Benefit Program website](#)

Flexible Spending Accounts (FSA) Program

- FSA Open Enrollment runs through **Friday, Nov. 18**.
- The [2023 NYC FSA Plan Year Guide](#) gives detailed information about the Health Care Flexible Spending Account, Dependent Care Assistance (DeCAP), Medical

Spending Conversion Health Benefits Buy-Out Waiver, and Medical Spending Conversion Premium Conversion Programs.

- [FSA Enrollment/Change Form](#): *Please note:* Enrollment in the FSA and DeCAP programs is **not** automatic. New and current participants must enroll/re-enroll each year during open enrollment.

Secure Document Uploads

Baruch's Office of Human Resources uses a [secure Dropbox link](#) to accept completed applications and supporting documentation.

Please let us know if you have any questions. You may contact us at human.resources@baruch.cuny.edu.

Sincerely,
Baruch College Office of Human Resources

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