

From: SRBO <SRBO@LISTSERV.CUNY.EDU> **On Behalf Of** Jenadiah Maynor Pilgrim

Sent: Wednesday, August 27, 2025 12:53 PM

To: SRBO@LISTSERV.CUNY.EDU

Subject: BeWell CCA Platform is LIVE!

Good afternoon!

The **BeWell by CCA** platform is live as of today! See the attached flyer and FAQ for more information.

Introducing BeWell by CCA: Your New Way to Access Support

We're excited to introduce **BeWell by CCA**, a new digital platform that will replace **myccaonline.com** and make support even easier to access. From any device, you and your family members can log in for a more **personalized experience**, whether that's scheduling time with a counselor, chatting with a coach, or using tools like meditations and journaling. And as always, all information remains **confidential**, with 24/7 live support just a click away.

To get started:

1. Go to ccaplatform.com/go/cuny
2. Enter your first name, an email address, and college to create an account
3. Customize your preferences and start exploring

Elizabeth Bagot, ebagot@ccainc.com is available to support us through this transition; please reach out with any feedback or questions.

Best,

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